

**OFFICE OF THE CITY MANAGER  
DES MOINES, IOWA****CITY COUNCIL COMMUNICATION 96-224  
MAY 28, 1996 AGENDA**

SUBJECT:	TYPE:	SUBMITTED BY:
HEALTH RISK APPRAISAL SERVICES CONTRACT WITH MERCY HOSPITAL MEDICAL CENTER	◆ RESOLUTION ORDINANCE RECEIVE/FILE	LYNN LESLIE PERSONNEL/CIVIL SERVICE ADMINISTRATOR

**SYNOPSIS —**

One of the components necessary to control the City's future health costs is the physical and emotional well-being of its employees and their families. Toward that end, the City has organized a Wellness Committee to identify problems and recommend solutions affecting employee health. The first step in that process is to develop a baseline of the City's work force through the use of a comprehensive health risk appraisal. The results of the appraisal will be used in the following ways: to identify wellness needs; to provide a basis for measuring change, based on the Committee's efforts; and serve as an educational tool for those employees who participate. Mercy Hospital Medical Center has been selected to provide the health risk appraisal at an estimated cost of \$17,500.

**FISCAL IMPACT —**

Funding for the appraisal has been identified in the Employee Benefits, Trust and Agency Account.

**RECOMMENDATION —**

Approval.

**BACKGROUND —**

The City of Des Moines Corporate Wellness Program was implemented in August of 1995. It is comprised of volunteers from each department, a representative from the City Manager's Office, and chaired by two individuals selected by the Committee. The Committee's early efforts were spent developing a Committee structure and identifying needs. The Committee determined that a formal health risk appraisal was needed to make informed decisions regarding future activities.

After reviewing bids for this service, Mercy Hospital Medical Center has been selected to provide a health risk appraisal to City employees. The cost of the appraisal will be \$35 per person. With an estimated 500 employees participating, the total cost will be \$17,500. It is a positive step which will afford the City an opportunity for improved employee health and related savings in the future.